

Cityside Middle School Summer Running Schedule:

*****These Runs are suggested and highly recommended but not required*****

*****The Season officially begins 8/18/2025*****

June 16-19: **Youth Track & Field camp to follow at the Stadium

<https://www.zps.org/z-recreation/youth/cross-country/>

June 23 & 25: 8:00 am - 9:00 am - **Monday/Wednesday** @Ridge Point Church trails (340 104th Ave, Zeeland; meet in northmost parking lot at the end of Drive 3)

June 29-July 5: DEAD WEEK - NO Coach Contact but you can run on your own.

July 7 & 9: 8:00-9:00am - **Monday/Wednesday** @Upper Macatawa Natural Area (1300 84th Ave, Zeeland)

July 14 & 16: 8:00-9:00am - **Monday/Wednesday** @Ridge Point Church trails (340 104th Ave, Zeeland; meet in northmost parking lot at the end of Drive 3)

July 21-24 **Youth Cross Country camp @Helder

<https://www.zps.org/z-recreation/youth/cross-country/>

July 28 & 30: 8:00-9:00am - **Monday/Wednesday** @Upper Macatawa Natural Area (1300 84th Ave, Zeeland)

August 4 & 6: 8:00 am - 9:00 am - **Monday/Wednesday** @Ridge Point Church trails (340 104th Ave, Zeeland; meet in northmost parking lot at the end of Drive 3)

August 11 & 13: 8:00am - 9:00 **Monday/Wednesday** @Upper Macatawa Natural Area (1300 84th Ave, Zeeland)

*******The following run dates are part of the regular season and required******

August 18-22: 8:00- 9:30 am Monday-Friday @ Cityside Middle School

*******End of Summer Runs*******