

## ZQuest Lunch Menu

August 2025

All Michigan School Meals are FREE this year.

Milk Only is \$.60

Adult Lunch \$5.15

PRINT

A qualifying student lunch includes a choice of entrée supplying protein and grain, fruit or vegetable sides and a choice of milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>Breaded Chicken Sandwich</b> or <b>Apple Dunker Box w/ Pumpkin Bread, Wowbutter, &amp; String Cheese</b>  Baked Beans Celery Sticks Red Seedless Grapes Dried Local MI Cherries Local MI Milk	<b>Corn Dog</b> or <b>Apple Dunker Box w/ Pumpkin Bread, Wowbutter, &amp; String Cheese</b>  Curly Fries Cucumber Slices Local MI Apple Diced Pears Local MI Milk	<b>Beef &amp; Cheese Nachos</b> or <b>Apple Dunker Box w/ Pumpkin Bread, Wowbutter, &amp; String Cheese</b>  Oven Roasted Broccoli Florets Salsa Cup Local MI 100% Fruit Juice Applesauce Local MI Milk	<b>Teriyaki Chicken w/ Brown Rice</b> or <b>Apple Dunker Box w/ Pumpkin Bread, Wowbutter, &amp; String Cheese</b>  Oven Roasted Baby Carrots Cauliflower Florets Fresh Pear Mixed Fruit Local MI Milk	<b>NO SCHOOL</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	
<b>Chicken Nuggets w/ Pretzel Rod</b> or <b>Apple Dunker Box w/ Pumpkin Bread, Wowbutter, &amp; String Cheese</b>  Baked Beans Celery Sticks Dried Cranberries Diced Peaches Local MI Milk	<b>Sloppy Joe Sandwich</b> or <b>Apple Dunker Box w/ Pumpkin Bread, Wowbutter, &amp; String Cheese</b>  Cheesy Potatoes Side Salad w/ Local MI Romaine Lettuce Red Seedless Grapes Local MI Apple Local MI Milk	<b>Macaroni &amp; Cheese w/ Pollock Bites &amp; Dinner Roll</b> or <b>Apple Dunker Box w/ Pumpkin Bread, Wowbutter, &amp; String Cheese</b>  Steamed Broccoli Florets Grape Tomatoes Cinnamon Applesauce Local MI 100% Fruit Juice Local MI Milk	<b>Apple Cinnamon French Toast w/ Breakfast Sausage</b> or <b>Apple Dunker Box w/ Pumpkin Bread, Wowbutter, &amp; String Cheese</b>  Sweet Potato Fries Cucumber Slices Mixed Fruit Mallow Clementines Local MI Milk	<b>NO SCHOOL</b>

Menu subject to change without notice.

Please refer to our website [www.zps.org/parents/food-service](http://www.zps.org/parents/food-service) for menu changes, online deposits, and meal applications.

Questions? Please email the Food Service Office at [foodservice@zps.org](mailto:foodservice@zps.org) or call 616-748-3128.

This institution is an equal opportunity provider.

## ZQuest Breakfast Menu

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**August 2025**

Milk Only \$.60

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>Apple Cinnamon French Toast</b> or <b>Cereal</b>  Local MI 100% Fruit Juice Baby Carrots Local MI Milk	<b>Mixed Berry Scone</b> or <b>Cereal &amp; Graham Crackers</b>  Mixed Fruit Broccoli Florets Local MI Milk	<b>Breakfast Pocket w/ Sausage, Egg &amp; Cheese</b> or <b>Cereal</b>  Diced Peaches Cucumber Slices Local MI Milk	<b>Sausage Breakfast Pizza</b> or <b>Cereal &amp; Graham Crackers</b>  Local MI 100% Fruit Juice Tater Tots Local MI Milk	<b>NO SCHOOL</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>Apple Cinnamon French Toast</b> or <b>Cereal</b>  Local MI 100% Fruit Juice Baby Carrots Local MI Milk	<b>Mixed Berry Scone</b> or <b>Cereal &amp; Graham Crackers</b>  Mixed Fruit Broccoli Florets Local MI Milk	<b>Breakfast Pocket w/ Sausage, Egg &amp; Cheese</b> or <b>Cereal</b>  Diced Peaches Cucumber Slices Local MI Milk	<b>Sausage Breakfast Pizza</b> or <b>Cereal &amp; Graham Crackers</b>  Local MI 100% Fruit Juice Tater Tots Local MI Milk	<b>NO SCHOOL</b>

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