ZR ZEELAND RECREATION

ZEELAND WEST NATATORIUM
AQUATICS SCHEDULE

3390 100th Ave, Zeeland , MI 49464				**In effect July 28-August 9**	
MON	**TUE**	**WED**	**THU**	**FRI**	**SAT**
5:15-7:30am **Lap Swim & Deep Water Walking**	5:15-7:30am **Lap Swim & Deep Water Walking**	5:15-7:30am **Lap Swim & Deep Water Walking**	5:15-7:30am **Lap Swim & Deep Water Walking**	5:15-7:30am **Lap Swim & Deep Water Walking**	8:00-10:15am **Lap Swim & Deep Water Walking**
7:00-7:45am **Aqua Fit Deep***		7:00-7:45am **Aqua Fit Deep***		7:00-7:45am **Aqua Fit Deep***	
8:00-8:45am **Aqua Fit Deep***		8:00-8:45am **Aqua Fit Deep***		8:00-8:45am **Aqua Fit Deep***	
Summer Dive Camp Mon-Thurs, Aug 4-7 | 9-11:45am			**Chicago Swim Team Rental** Thurs-Fri, Aug 7-8 | 9-11am		
11:00-12:00pm **Aqua Fit Deep***		11:00-12:00pm **Aqua Fit Deep***		11:00-12:00pm **Aqua Fit Deep***	
11:00-1:00pm **Lap Swim & Deep Water Walking**	11:00-1:00pm **Lap Swim & Deep Water Walking**	11:00-1:00pm **Lap Swim & Deep Water Walking**	11:00-1:00pm **Lap Swim & Deep Water Walking**	11:00-1:00pm **Lap Swim & Deep Water Walking**	
Zeeland Boys Water Polo Training Camp Mon-Thurs, July 28-31 | 1:00-5:00pm			**Chicago Swim Team Rental** Thurs, Aug 7 | 5-6pm		
5:00-7:15pm **Lap Swim & Deep Water Walking**	5:00-7:15pm **Lap Swim & Deep Water Walking**	5:00-7:15pm **Lap Swim & Deep Water Walking**	5:00-7:15pm **Lap Swim & Deep Water Walking**		
The Zeeland Recreation pools will be closed July 28-August 9 for annual maintenance. **Programs highlighted in blue are instructor-led fitness classes.** **Classes marked with an asterisk (*) are included in our Senior membership, but not exclusively for seniors.**					

DIRECTIONS FOR PATRONS AT THE NATATORIUM

Registration: Online registration for fitness classes and lap swim opens 24 hours in advance. Patrons are encouraged to pre-register to secure a spot. Drop-ins are welcome, space permitting.

Entrance: Use the pool entrance located on the north side of the Zeeland West high school.

Locker Rooms and Pool Location: Beyond the staircase, turn right at the first hallway. Locker rooms are down the hall and to the right.

Member Check-in: Pool patrons must check in with the staff on the pool deck.