# ZEELAND

# POOL RULES AND POLICIES

Zeeland Recreation pools are committed to providing a safe and enjoyable environment for all patrons. Please adhere to the following guidelines:

### **GENERAL POOL RULES**

- 1. **Admission:** All patrons must pay the admission fee upon entering the pool area; this fee is included with all memberships.
- 2. **Shower Requirement:** A pre-swim shower is mandatory for all swimmers.
- 3. **Swim Diapers:** Children not toilet trained must wear swim diapers or tight-fitting rubber pants.
- 4. **Food and Drink:** Food and alcoholic beverages are not permitted in the locker rooms or pool area. Glass containers are strictly prohibited.
- 5. **Attire:** Clean, proper swim attire is required. No cutoffs or shorts allowed.
- 6. **Behavior:** Running, horseplay, splashing, dunking, spitting, or pushing is not permitted.
- 7. **Lifeguard Instructions:** When a whistle is blown, stop and listen for instructions from a lifeguard.
- 8. **Private Instruction:** Outside private swim instruction or coaching is not permitted.
- 9. **Policy Enforcement:** Zeeland Recreation reserves the right to deny swimming privileges to anyone who repeatedly violates pool rules or engages in misbehavior.

## **AGE-BASED SUPERVISION GUIDELINES**

- 1. **Supervision:** Children aged 11 and under must be accompanied by a responsible person at least 16 years old in the pool area.
- 2. **Unattended Swimming:** Children aged 12 and older may swim unattended.
- 3. **Flotation Devices:** Children wearing flotation devices must be within arm's reach of a responsible person at least 16 years old at all times.
- 4. **Non-Swimmers:** Non-swimmers wishing to swim in the deep end must wear a U.S. Coast Guard-approved flotation device and be accompanied in the water within arm's reach of a responsible person at least 16 years old.
- 5. **Deep End Access:** Children aged 15 and under wishing to swim in the deep end must pass a swim test.

## **DEEP WATER SWIM TESTING**

To ensure safety, swimmers under 15 must pass a swim test to access the deep end.

## **Test Procedure:**

- 1. Begin just beyond the lifeline, where the pool slope starts.
- 2. Wait for the lifeguard's start signal.
- 3. Jump in feet first.
- 4. Swim approximately 14 yards to the wall without assistance or grabbing the wall.
- 5. Exit the pool.

## **Post-Test:**

- Pass: Swimmer receives a wristband indicating deep water competency.
- Fail: Swimmer may retake the test at a later time.



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#### DIVING BOARD RULES

- 1. **Non-swimmers** are not permitted on the diving boa
- 2. One person at a time on the board and ladder.
- 3. **One bounce only** before diving.
- 4. Walk to the end of the board before jumping.
- 5. **Dive straight off** the end of the board. No twisting, flipping, inward or backward dives.
- 6. **No goggles or flotation devices** (life jackets, puddle jumpers, noodles) allowed on the board.

#### YOUTH SLIDE RULES

- 1. The slide is intended for children under 48 inches tall.
- 2. Users must be comfortable going under water.
- 3. Only one person is allowed on the slide at a time.
- 4. Riders must enter the slide feet first, either sitting or lying on their back.

### MISCONDUCT PROCEDURES

- 1. First Offense: Receive a verbal warning.
- 2. **Second Offense**: Removed from the Fitness Center for the rest of the day; parent or guardian will be contacted.
- 3. **Third Offense**: Suspended from the Fitness Center for one week; parent or guardian will be contacted
- 4. **Fourth Offense**: Indefinite suspension from the Fitness Center until an in-person meeting with a parent or guardian occurs.

Zeeland Recreation reserves the right to suspend a member from all privileges at any time if they violate any guidelines.

**Note**: Serious incidents may bypass these steps and result in immediate suspension.

## LIFEGUARD PROCEDURES FOR MISCONDUCT

- 1. **Initial Response**: If a patron continues inappropriate behavior after a verbal warning, the lifeguard should:
  - Identify the patron by name.
  - Address the specific inappropriate behavior.
  - Explain the consequences if the behavior persists.
- 2. **Documentation**: The lifeguard must:
  - o Complete a Behavior Incident Report.
  - Submit the report to the Aquatics Coordinator promptly.

These steps ensure that all incidents are handled consistently and professionally, maintaining a safe environment for all patrons.